

Week 3
Regular

**St. Anthony Park Home
Minnesota Spring Summer 2011**

Monday 8/8/2011	Tuesday 8/9/2011	Wednesday 8/10/2011	Thursday 8/11/2011	Friday 8/12/2011
BREAKFAST				
JUICE OF CHOICE CEREAL OF CHOICE EGG OF CHOICE TOAST, PANCAKE OR FRENCH TOAST BUTTER JELLY OR SYRUP PETITE BANANA COFFEE/SUGAR/CREAMER MILK	JUICE OF CHOICE CEREAL OF CHOICE EGG OF CHOICE TOAST, PANCAKE OR FRENCH TOAST BUTTER JELLY OR SYRUP PETITE BANANA COFFEE/SUGAR/CREAMER MILK	JUICE OF CHOICE CEREAL OF CHOICE EGG OF CHOICE TOAST, PANCAKE OR FRENCH TOAST BUTTER JELLY OR SYRUP PETITE BANANA COFFEE/SUGAR/CREAMER MILK	JUICE OF CHOICE CEREAL OF CHOICE EGG OF CHOICE TOAST, PANCAKE OR FRENCH TOAST BUTTER JELLY OR SYRUP PETITE BANANA COFFEE/SUGAR/CREAMER MILK	JUICE OF CHOICE CEREAL OF CHOICE EGG OF CHOICE TOAST, PANCAKE OR FRENCH TOAST BUTTER JELLY OR SYRUP PETITE BANANA COFFEE/SUGAR/CREAMER MILK
LUNCH				
4TH OF JULY ON PATIO BAG LUNCH CHIX SALAD ON CROISSANT BAKED S. CREAM POT. CHIPS DICED PEARS IN CUP BAKED SUGAR COOKIE POP, MILK OR JUICE	BAKED PORK CHOPS/GRAVY GARLIC MASHED POTATOES SEASONED BROCCOLI SPICED APPLE RING BUTTERSCOTCH PUDDING COFFEE/SUGAR/CREAMER MILK	PORK ROAST/GRAVY WHIPPED POT/GRAVY ITALIAN GREEN BEANS BREAD WITH BUTTER FROSTED BROWNIE COFFEE/SUGAR/CREAMER MILK	CORN BEEF/CABBAGE PARSLEY POTATOES BELGIUM CARROTS BANANA CAKE W ICING COFFEE/SUGAR/CREAMER MILK	SLOPPY JOES ON BUN CRISPY TATOR TOTS FRESH DILL PEAS GRAPES W MELON CHUNKS COFFEE/SUGAR/CREAMER MILK
NO ALT				
4TH OF JULY ON PATIO BAG LUNCH	ALTERNATIVE BARBECUE CHICKEN KEY LARGO VEGETABLES	ALTERNATIVE SLICED TURKEY SEASONED BROCCOLI	ALTERNATIVE EGG SALAD SANDWICH LETTUCE AND ONION	ALTERNATIVE ROAST BEEF BURGER BAKED BEANS
DINNER				
HOT DOG ON BUN SEASONED TATOR TOTS PARSLIED BUTTERED CORN DILLPICKLE SPEAR CHILLED PEACHES COFFEE/SUGAR/CREAMER MILK	BEEF RAVIOLI W MARINARA CAULIFLOWER W RED DINNER ROLL W/BUTTER PARSLEY SPRIG TROPICAL FRUIT COFFEE/SUGAR/CREAMER MILK	BROCCOLI CHEESE SOUP CHICKEN TENDER SANDWICH CHERRY TOMATOES STRAWBERRY SHORTCAKE COFFEE/SUGAR/CREAMER MILK	HAM SALAD SANDWICH POTATO SALAD CREAMY COLESLAW GREEN OLIVES PINAPPLE W CHERRIES COFFEE/SUGAR/CREAMER MILK	TUNA SALAD SANDWICH CHICKEN CORN CHOWDER SOUP THREE-BEAN SALAD CANTALOUPE CHUNKS COFFEE/ SUGAR/ CREAMER MILK
ALT DINNER				
HAMBURGER ON BUN CARROTS	HAM SANDWICH TOSSED SALAD W/DRESSING	TUNA SALAD WITH TOMATO WEDGES	HOT DOG ON BUN BUTTERED CORN	CHEESE SANDWICH CUCUMBER SLICES

Dietitian: _____

Dietary Manager: _____

Saturday 8/13/2011	Sunday 8/14/2011
JUICE OF CHOICE CEREAL OF CHOICE EGG OF CHOICE TOAST, PANCAKE OR FRENCH TOAST BUTTER JELLY OR SYRUP PETITE BANANA COFFEE/SUGAR/CREAMER MILK	JUICE OF CHOICE CEREAL OF CHOICE EGG OF CHOICE TOAST, PANCAKE OR FRENCH TOAST BUTTER JELLY OR SYRUP PETITE BANANA COFFEE/SUGAR/CREAMER MILK
SWEDISH MEATBALLS WHIPPED POT/GRAVY BROCCOLI SPEARS CHOCOLATE MOUSSE COFFEE/SUGAR/CREAMER MILK	ROAST TURKEY MASHED POTATOES SAGE STUFFING SEASONED GREEN BEANS ROLL/BUTTER SURPRISE PIE COFFEE/SUGAR/CREAMER MILK
ALTERNATIVE	ALTERNATIVE
CHEF SALAD/FRUIT	BEEF TIPS AU JUS STEWED TOMATOES
LEAN SMOKED TURKEY SAND FRESH SPIRAL VEG. SALAD CUCUMBER/ONION SALAD WATER-MELON SLICE COFFEE/SUGAR/CREAMER MILK	EGG CHEESE ESTRADA SMOKED APPLEWOOD BACON BLUEBERRY MUFFIN BUTTER OLD FASHIONED FRUIT SALAD COFFEE/SUGAR/CREAMER MILK
CHICKEN SANDWICH VEGETABLE MEDLEY	PIZZA SEASONED PEAS