

Information Packet

St. Anthony Park Home
2237 Commonwealth Ave.
St. Paul, MN 55108
651-632-3500

Thank you for your interest in St. Anthony Park Home.

St. Anthony Park Home is an 84 bed skilled nursing facility providing Transitional care, Skilled Nursing care, Hospice care and Respite care. We are located in a beautiful residential area northwest of St. Paul called St. Anthony Park. The facility is Medicare and Medicaid certified. Prospective residents have many questions and the following information answers some of the most common ones. If you have other questions call us and we will be more than happy to answer them. If you encounter any problems getting the information you need or are not treated nicely at any time please contact John Barker at 651-632-3503.

Admissions

We accept admissions 24 hours a day, seven days a week however, there are some hoops to jump through before we can proceed. They are listed below.

1. There must be a Physician that will follow the resident here at St. Anthony Park Home.
2. We must have Physician Orders in advance of the admission.
3. Physician Orders must include the medications and treatments to be given here.
4. We must receive a History and physical of the resident in advance of the admission
5. We need to know Medicare, insurance and other payment information before the admission.

Below are examples of conditions that patients here may have.

Alzheimer's	Pulmonary Disease	Neurological impairment
Dementia	Oncology	Restorative Nursing
Cardiac Disease	Hospice	Vision and Hearing Impaired
Diabetes Management	Renal Disease	Skin and Wound Care
Orthopedics	Stroke Management	Tube Feeding

Therapy:

We have in-house physical and occupational therapists that are available 6 days per week, twice a day.

It is also important to know what we don't do.

1. We do not provide 24 hour a day one on one care.
2. We do not restrain residents. In other words if a resident is prone to falling we do not use any thing to force them to stay in a bed or chair. What we try to do is keep residents as injury free as possible. We use bed and chair alarms, we put mats on the floor, we lower beds and move furniture, etc.
3. We do not prevent residents from leaving the facility if they want. We will walk with them and do what we can to get them to return to the facility, however if a resident does not want to be here they do not have to stay. For dementia residents we can use a wander guard system and place them on second floor which makes it more difficult, but not impossible, to leave without us knowing it.
4. We cannot prevent diseases and conditions from taking their natural course, which inevitably lead to a decline in health.

Visiting Hours

Family and friends are welcome to visit any time.

Telephones, TV's, and Cable Television

A private telephone is provided to each resident, courtesy of St. Anthony Park Home. Cable television is available for a monthly fee of \$20. Residents must provide their own television for their room.

Meals

Meals are served in the Dining Rooms on each floor. Family members are always welcome to enjoy a meal with a resident. You may make arrangements by calling ahead of time. There is no charge. Serving times vary a bit on each floor and are listed below.

Breakfast: 8:00 AM to 8:20 AM

Noon Meal: 12:00 PM to 12:30 PM

Evening Meal: 5:30 PM to 6:00 PM

Laundry

For personal clothing, laundry services are provided for each resident. There is no additional charge for this service. We recommend families purchase washable clothing, linens and sweaters of 50% cotton and 50% polyester. Washable slippers and shoes are also recommended.

Clothing Needs

It is hard to pinpoint an exact amount of clothing needed by each resident. It is wise to have comfortable clothing the resident is used to wearing. Warm-ups, or jogging suits, are comfortable and launder well. Due to limited closet space, winter and summer clothes need to be rotated. Mark each clothing item. Some suggestions are:

At least 5 to 6 washable dresses or shirt and slacks outfits, two washable sweaters, six changes of underwear, slippers, socks or stockings and one or two pair of shoes. A coat, gloves, scarf and hat may be needed for colder weather.

Jewelry

Unfortunately, all jewelry needs to be placed in safe keeping as St. Anthony Park Home can not be held responsible should it turn up missing.

Where to Mark Resident's Clothing

Labeling clothes in the same place really helps Laundry do an already tough job of efficiently and accurately distributing them to 88 some residents. The Laundry department asks that clothing items be marked in the following way using a "Rub a Dub" marking pen that we are happy to supply.

Shirts, Blouses, Dresses, Robes, Sweaters, Pajamas, Coats, etc. should be marked on the inside of the back of the collar. Slacks, Skirts, Shorts, etc. should be marked on the inside of the back of the waistband. Underwear should be marked on the inside of the back of the waistband. Bras should be marked on the inside back strap. Socks, slippers and shoes should be marked on the bottom outside and inside for shoes.

Personal Grooming Items

Mark each personal item. Dentures, eyeglasses and hearing aids also need to be marked with the resident's name. Below is a list of items needed.

Comb and brush	Toothbrush and toothpaste	Hand mirror	Shaver (preferably electric)
Denture cleaning powder		Deodorant	

Personal Possessions

To make a room more homelike, personal possessions are nice. Some suggestions are:

Photographs	Special pictures or wall hangings
A calendar	Throw pillows for the bed
An afghan, comforter, or bedspread	portable television or radio

Leaving the Building

Residents are free to leave the building with family and friends. We ask the resident to sign out at the nurses' station.

Mail

Mail is delivered six days a week. If you wish to purchase stamps or mail a letter, the Business Office is happy to help you.

Newspaper

The daily newspaper can be delivered to you. The Social Worker can help to order the paper of your choice, however you do have to pay for it.

Photographs

We need to take photographs of residents for identification and medical purposes. If a photograph would be used for any other purpose we need the resident's approval.

Resident Care Conferences

Within 21 days of admission, you will be invited to meet with a few of our staff members to develop a personal plan of care. Family members will also be invited to attend the Care Conferences. A Care Conference will then be scheduled every three months to evaluate and adjust the care plan accordingly.

Change in Medical Condition

The charge nurse will notify the responsible party of changes in the resident's condition. In the event of a medical emergency, we will transfer the resident to an acute care hospital as authorized by the resident's physician.

Smoking

St. Anthony Park Home is a **Non Smoking** Facility.

Trust Account

The business office can keep some money in a trust account for you. The business office is open daily 7:00 a.m.- 3:30 p.m., Monday through Friday. On evenings and weekends the 1st floor nurse has a small amount of cash available. We recommend that money not be kept in your room, however we will provide a lock box if you so desire.

Restraints or “Safety Devices”

St. Anthony Park Home does not use restraints as we feel they cause more harm than good. If a resident tends to fall often our goal is injury prevention. We use many means to accomplish that goal but a few examples are floor mats, chair alarms, bed alarms, winged mattresses and low clearance beds. The resident’s physician must order any thing we use in this regard.

Room Changes

We try not to move residents, however it is necessary at times. We may need to change your room if your medical treatment program changes, if we need to accommodate newly admitted residents; or if your welfare, or that of other residents, requires it. We will talk with you and your family before making a room change.

Pets

While pets cannot live here they can visit.

Resident Council

The Resident Council is coordinated through the Activities Department. It is a formal way for the residents to have a voice in issues concerning them within the facility. Input from residents and their families are the most important information we need to improve.

Beautician/Barber

The Beautician/Barbers are available every Tuesday and Friday. Appointments may be made by the resident or by the family through The Nurse, Social Services, the Business Office or the Beautician. Charges are listed below:

Hair Cut	\$11.00
Shampoo and Set	\$12.00
Permanent	\$47.00
Permanent Color	\$30.00
Color Rinse	\$3.00

How are your Nursing Home Charges determined?

Case Mix for Medical Assistance (Medicaid) and Private paying residents, Medicare, HMO's and other 3rd party payers.

What is Case Mix?

The words Case Mix refers to the method the State of Minnesota uses to set nursing home rates under the Medicaid program. The case mix payment system is set up so that those needing the most care pay the highest rates and as residents need less care they pay less. There are 36 different case mix classification levels each with a corresponding payment rate. Because Minnesota law requires all residents, regardless of who pays the bill, to be charged the same rate for comparable services, Private paying and Medicaid residents both use the same case mix system. The rate includes the room, meals, housekeeping, laundry, activities and nursing services.

How is Your Case Mix Classification Determined?

A registered nurse from St. Anthony Park Home makes an assessment of the care a resident is expected to need. The Health Department then reviews this assessment and assigns the appropriate classification level. These assessments occur upon admission and every 3 months thereafter. Also, a Significant Change in health status can result in a change.

What is included in Case Mix Assessment?

The form used to determine the Case Mix is called the Minimum Data Set (MDS). The MDS assesses all aspects of care that a resident needs.

What If I Disagree With My Assigned Case Mix Category?

You have a right to request reconsideration from the Health Department but you must do this within 30 days of your receipt of your case mix notification letter.

The steps to follow in requesting reconsideration are as follows.

Obtain a Reconsideration Form from the nursing home or Ombudsman Program. Obtain a copy of the Assessment Form from the nursing home. The nursing home must provide a copy of the form and other documents within three days of a written request. Circle the items on the assessment form with which you disagree. Write a brief description of why you disagree with these items. Be as specific as possible. Provide documentation to support the claim. A resident has the right to review their chart and receive copies of their records needed to support their statements. Statements, which support the claim from the doctor and other professionals, are also very important. Remember, the assessment form should describe a residents' condition at the time of the case mix assessment. Mail the Reconsideration Form, plus your comments and supporting documentation to the Minnesota Department of Health. Keep copies of everything sent in. The Department of Health notifies only the nursing home of its decision on your reconsideration. Therefore, keep in touch with the nursing home to learn the results.

The nursing home also has the right to request a reconsideration of a resident's case mix classification, but only if it informs a resident in writing of its intent to do so. If the home does not inform a resident before making its request, the Health Department will deny the nursing home's appeal. Finally, a resident should expect to receive the care needed no matter what the payment classification is. If you are not receiving the care you need, you should let St. Anthony Park Homes' Administrator know of your concerns and/or contact your regional Ombudsman or the Office of Health Facility Complaints.

Case Mix room and board rates

Rates are listed below and are effective October 1, 2010. **There is 20% surcharge added to the rates below for the first 30 days.** Private Rooms cost an additional \$42.50 per day, which must be paid privately.

SE3	305.25	SSA	222.39	IA2	165.79	PD1	181.51
SE2	272.75	CC2	249.66	IA1	149.00	PC2	181.51
SE1	251.76	CC1	224.50	BB2	169.98	PC1	181.51
RAD	263.30	CB2	212.98	BB1	165.79	PB2	159.52
RAC	227.66	CB1	202.48	BA2	157.40	PB1	159.52
RAB	219.26	CA2	202.48	BA1	155.32	PA2	156.35
RAA	202.48	CA1	189.89	PE2	198.30	PA1	155.32
SSC	240.23	IB2	182.55	PE1	196.19	BC1	149.00
SSB	231.86	IB1	171.04	PD2	182.55	DDF	198.30

The following items are not covered under the Case Mix rate.

Personal care items

Barber and Beautician

Cable Television

Resident Outings

Pharmacy Services

Ancillary services such as: Physical Therapy, Occupational Therapy, Speech Therapy, Podiatrist, Oxygen, Ambulance, Medications, Diagnostic Services, X-rays, Optical Services, Audiologist. Some of the above services may be billed to Medicaid or Medicare Part B.

Medicare Part A

If a resident has Medicare they may be, and I emphasize may be, eligible for up to 100 days coverage. To be eligible to use their Part A benefit they must have had a three-day hospital stay within 30 days of admission and must have skilled orders such as Physical Therapy. The Part A benefit will stay in effect as long as they are making progress. The first 20 days are covered at 100% and the 21st through 100th day have a co-pay of \$133.50 per day. Covered services include room, board, ancillary services, nursing care, medical supplies and pharmacy. It does not include the private room surcharge.

The following items are not covered under Medicare Part A.

Personal care items

Transportation

Co-insurance amount

Medical Assistance (MEDICAID) qualification

The County a resident is from determines eligibility in the program. If a resident is eligible for Medicaid almost all their income, including Social Security, needs to be paid to the nursing home. In all circumstances the County determines the amount to be paid by the resident. A monthly personal needs allowance of \$89.00, effective January 1, 2009, is allotted to each Medicaid resident.

HMO's and other 3rd party payers

HMO's and Insurance companies may pay part of a stay depending on the benefits a resident has. All HMO's and Insurance companies require prior (to admission) approval before agreeing to pay for any nursing home charges. Any payments denied by an HMO or insurance company must be paid by the resident.

Again, thank you for your interest in St. Anthony Park Home.